



Transforming Mental Health Services

San Joaquin County Behavioral Health Services MHSa Prevention and Early Intervention Planning Process

MHSa PEI Guidelines

Factsheet

Overview of Proposed Guidelines, Issued September 2007

I. Prevention and Early Intervention

- At the early end of the mental health promotion spectrum
- An individual/family-driven system with programs delivered in natural community settings
- A wellness focus which includes the concepts of resiliency and recovery
- Recognizes the underlying role of poverty and other environmental and social factors

II. Planning Process

- Involves potential program participants
- Designed and implemented in collaboration with other systems / organizations
- 30 day public review prior to public hearing

III. Funding Requirements

- Minimum of 51% must be allocated to children and transitional age youth
- May expand current programs, but may not supplant existing funding
- Budgets are understood to be estimates. Counties will not be held to line item amounts but to the overall budget for the project.
- Leveraging expectation. Counties must show "in-kind" and cash matches for projects. No cash match minimums amounts are required.
- Non-allowable expenses include treatment, workforce development, technology, capital projects, broad social marketing, and development of new training curricula

IV. PEI Project Summary

- Must address the needs of children, transitional age youth, adults and older adults
- Each project must address one or more of the key mental health needs and priority populations
- All PEI projects must address underserved racial/ethnic and cultural populations
- Must be based on one of the evidence-based best practices given in the resource manual OR must demonstrate program effectiveness with a logic model, evidence of impact, a model with proven fidelity, and its consistency with local needs.
- A PEI project can include one or more program components
- Must include estimates of individuals and families to be served by June 2009

V. PEI Evaluation

- One (1) project must be selected for evaluation
- Outcomes-based program design
- Must demonstrate improved mental health resilience, reduced risk for emotional or mental disturbance, or fewer negative consequences from emotional/mental disturbances or illnesses
- Counties are expected to track the nature of the risk factors that programs are designed to alleviate